

The State Bar of New Mexico is **HERE**

*Resources to Improve Your Wellness and Productivity
During the COVID-19 Crisis*

FREE On-Demand CLE Courses

Compliments of the  NEW MEXICO
STATE BAR FOUNDATION
CENTER FOR LEGAL EDUCATION

The **Center for Legal Education (CLE)** is a non-profit New Mexico accredited CLE course provider dedicated to providing high quality, affordable educational programs to the legal community. CLE is proud to announce all 25 of our On-Demand CLE courses are now available to our members free of charge. Members can complete up to four hours of these On-Demand courses for credit in the 2020 MCLE compliance period.* They can be viewed 24/7 at any location for your convenience!

<https://bit.ly/2X7BjXP>

*According to Rule 18-201 NMRA, self-study (or On-Demand) credits cannot be carried over into the next compliance year. On-Demand courses taken in 2020 cannot be applied to 2019 or 2021 compliance periods. For more information, visit www.nmbar.org/mcle.



FREE The Complete Guide to Working Remotely as a Lawyer

Compliments of  Clio®

Work outside the office—securely, efficiently, and successfully

This in-depth guide will cover practical tips for working remotely, whether you're completely new to remote work, or whether you've tried it in the past. This FREE PDF includes:

- 10 steps to follow for successful remote work
- What to do if you still need to meet clients in person
- A basic list of tools to use for remote lawyering

<https://bit.ly/3aBUvAK>

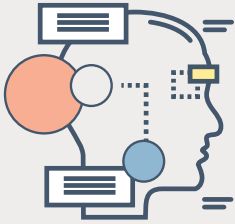


FREE

Wellness Resources

Compliments of  **STATE BAR**
of **NEW MEXICO**
JUDGES AND LAWYERS
ASSISTANCE PROGRAM

- **Well-Being Webinars:** Free webinars have been recorded and posted on this website www.solutionsbiz.com. To access the webinar simply click on the "Employee Assistance Program" link, then "webinar" and scroll down to "Managing Stress in Difficult Times".
- **Counseling:** The EAP counselors are readily available to provide confidential and FREE video and phone counseling. Someone is available to answer your call 24 x 7. To access this service call 866-254-3555 and identify yourself with the New Mexico Judges and Lawyers Assistance Program.



- **Mental Health Resources:** Mental Health Resources for the Legal Profession during COVID-19: <https://bit.ly/3dRW27P>
 - **Support Groups:** The NMJLAP hosts an Attorney Support Group every Monday evening from 5:30-6:30pm via Zoom. We share our struggles, support and encourage one another. This is a time to stay connected and socialize via the internet. ALL ARE WELCOME. Send Pam Moore an email at pmoore@nmba.org and she will provide you with the link information.
- Confidential Helpline: Judges: 888-502-1289; Lawyers and Law Students: 800-860-4914
<https://bit.ly/2wbAqSN>

**Want
More?**

Check Out the State Bar's COVID-19 Information Hub

www.nmbar.org/covid-19



- Official communications from the State Bar
- Official Communications and orders from the Supreme Court of New Mexico and other Courts
- Official Communications from Federal and State governmental agencies
- Pandemic preparedness webinars and CLE programming
- Resources for working remotely
- Mental health and wellness tips and resources
- And more!